

# The Most Common Primary Headache Types



## MIGRAINE

Unilateral (60%)  
Moderate/Severe Intensity  
Throbbing/Pulsating Headache  
Nausea/Photophobia/Phonophobia  
4 to 72 Hours

## Tension-Type Headache

Bilateral  
Mild/Moderate Intensity  
Pressing or Tightening Quality  
Lack of Associated Symptoms  
30 minutes to 7 Days

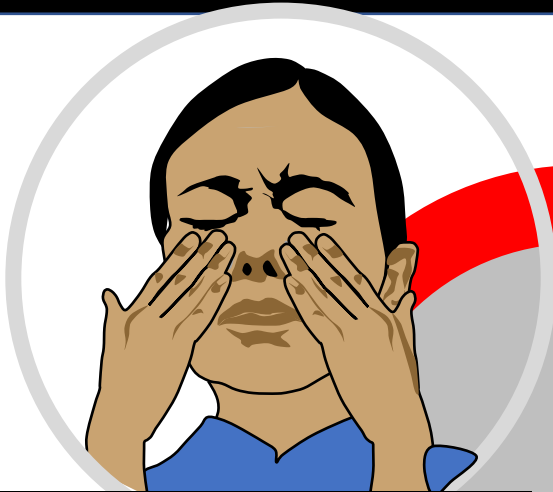


## Cluster Headache

Unilateral (100%), Severe Intensity  
Cranial Autonomic Symptoms  
Lacrimation, Rhinorrhea, Ptosis  
Agitation  
15 min – 3 Hours



# Migraine Misdiagnosis



**Sinus Headache**

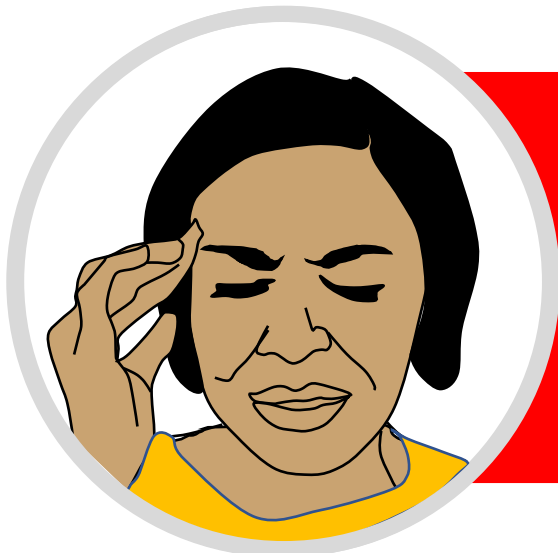


**Stress Headaches**



**Tension-Type Headache**

These disorders are often migraine



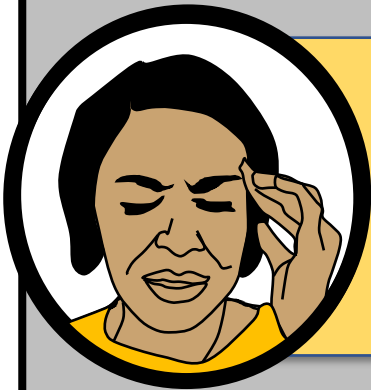
## **MIGRAINE**

Unilateral (60%)  
Moderate/Severe Intensity  
Throbbing/Pulsating Headache  
Nausea/Photophobia/Phonophobia  
4 to 72 Hours Duration

# Teasing Out Migraine

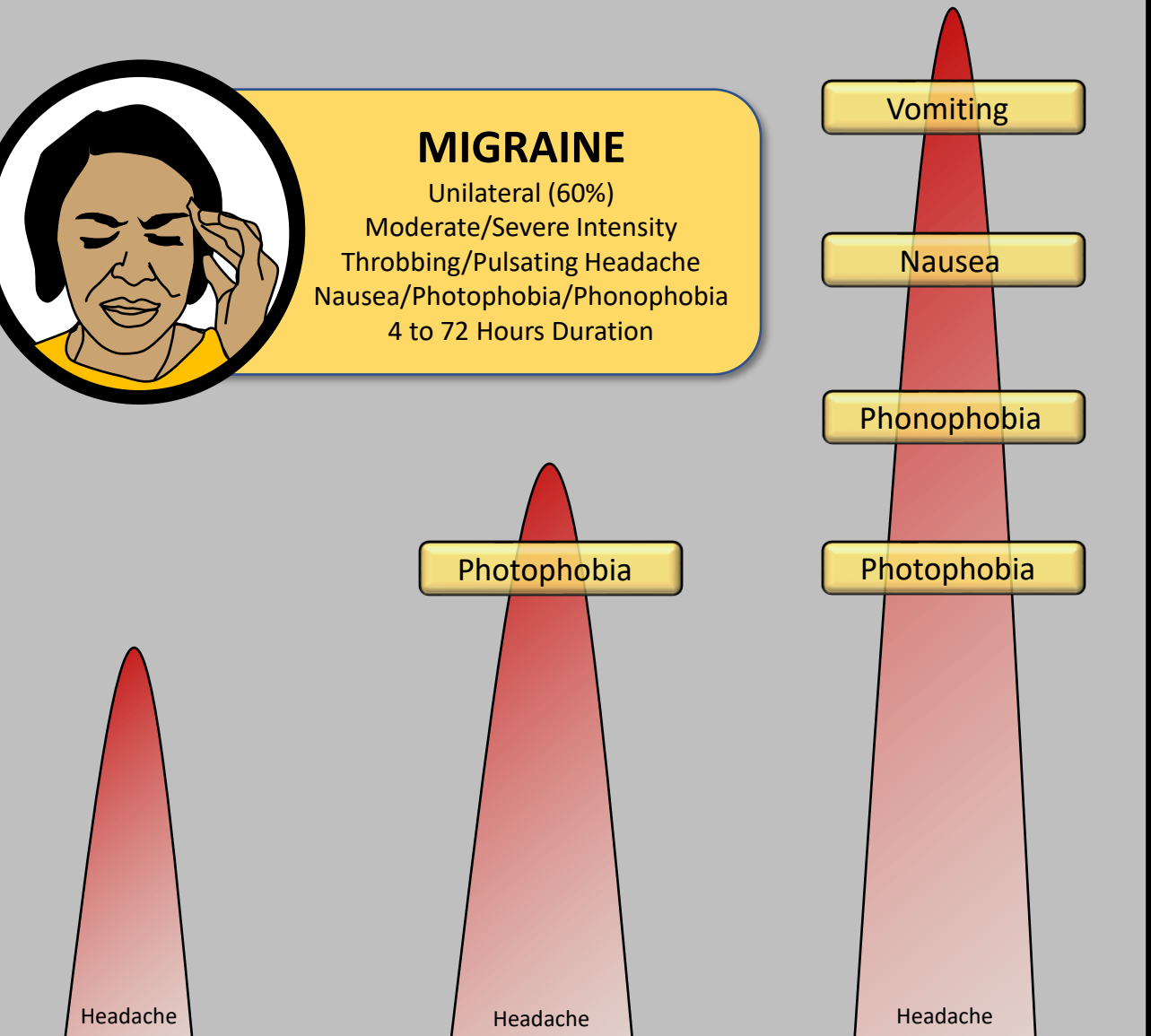
Migraine Can Have Different Presentations Within the Same Patient

## Ask About the **SEVERE** Headaches



### MIGRAINE

Unilateral (60%)  
Moderate/Severe Intensity  
Throbbing/Pulsating Headache  
Nausea/Photophobia/Phonophobia  
4 to 72 Hours Duration



1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30

Mild Moderate Severe

## Pain Severity